Right then, Jesus made his disciples get into a boat and go ahead to the other side of the lake, toward Bethsaida, while he dismissed the crowd. After saying good-bye to them, Jesus went up onto a mountain to pray. Evening came and the boat was in the middle of the lake, but he was alone on the land. He saw his disciples struggling. They were trying to row forward, but the wind was blowing against them. Very early in the morning, he came to them, walking on the lake. He intended to pass by them. When they saw him walking on the lake, they thought he was a ghost and they screamed. Seeing him was terrifying to all of them. Just then he spoke to them, "Be encouraged! It's me. Don't be afraid." He got into the boat, and the wind settled down. His disciples were so baffled they were beside themselves.

MARK 6:45-51